



Toronto Institute Of Group Studies

Comprehensive Weekend Training Program

Description:

Our Program is delivered over 4 intensive weekends; Fridays 1-7pm; Saturdays 11am-5pm; Sundays 11am-5pm ET

The 2023-2024 Program will be offered online.

Weekend 1: Friday October 20 – Sunday October 22, 2023

Weekend 2: Friday November 17 – Sunday November 19, 2023

Weekend 3: Friday January 19- Sunday January 21, 2024

Weekend 4: Friday March 22- Sunday March 24, 2022

Each weekend our Program focuses on a different stage of the group's development, thereby allowing the natural development of the trainee group to unfold, as part of the experiential learning process.

On weekend 1, the program explores the *Engagement Stage* of the group's development, focusing Friday's learning through the lens of the *individual member*; Saturday from the perspective of the *group-as-a-whole*; and Sunday through the lens of the *group leader*.

On weekend 2, the same lenses are applied to each of the 3 training days as we explore the *Differentiation Stage* of the group's development.

Weekend 3 uses a similar format, exploring the *Working Group Stages*.

Weekend 4 explores the *Ending Stage* of a group's development, again through the lens of the *individual member* on Friday; the lens of the *group-as-a-whole* on Saturday; and the lens of the *group leader* on Sunday.

Each weekend incorporates theoretical and experiential learning, self-reflection and application. Experiential learning uses the parallel process of the trainee group to bring group theory to life, through participation in process groups, structured exercises, activities and experiential reflection related to each weekend's particular developmental stage.

Our intention is to incorporate group theory and practice from many traditional and historical models as well as more modern and current practices reflective of our current contexts. In keeping with our commitment to ongoing education, our faculty team aims to create an environment conducive to learning and growing together.

The Program is offered in a small group format (up to 12 participants)

Objectives:

1. Understand how the various stages of a group's development unfold for the individual group member, the group-as-a-whole and the group leader.
2. Explore underlying group processes inherent in all groups, and how to activate different processes that will maximize the potential of each group at different stages.
3. Learn to identify and use your own reactions as a group leader to enhance group members' understanding of themselves and each other.
4. Explore and incorporate elements from different theories to enhance your leadership skills.
5. Explore together ways of creating safe learning spaces and supporting each other and our group members to strive for social justice and a sense of belonging for all members in our communities.

Program Fees:

\$100 non-refundable application/administration fee due upon registration.

\$2400 due by September 15, 2023 (also the cancellation date) via e-transfer.

For more information, please contact us: admin@tigs.co